

4 *November Supplemental Activity: Thankful*

Nutrition Lesson(s) Supported:

- Thankful for Food

Supplies Needed:

- Thankful handout

Length of Time to Complete:

- 5 minutes to introduce activity
- 30 minutes to begin assignment

Audience (grades): 4th

Common Core Standards Taught:

- English Language Arts: Speaking and Listening: 4.1
 - Pose and respond to specific questions to clarify or follow up on information, and make comments that contribute to the discussion and link to the remarks of others.
- English Language Arts: Writing: 4.2
 - Write informative/explanatory texts to examine a topic and convey ideas and information clearly.
 - Introduce a topic clearly and group related information in paragraphs and sections; include formatting (e.g., headings), illustrations, and multimedia when useful to aiding comprehension.
 - Develop the topic with facts, definitions, concrete details, quotations, or other information and examples related to the topic.
 - Link ideas within categories of information using words and phrases (e.g., *another*, *for example*, *also*, *because*).
 - Use precise language and domain-specific vocabulary to inform about or explain the topic.
 - Provide a concluding statement or section related to the information or explanation presented
- English Language Arts: Writing: 4.4
 - Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.

Lesson:

At the end of the month, many people will celebrate Thanksgiving. Raise your hand and tell me what you know about Thanksgiving.

Thanksgiving is a time to give thanks for all that we have. Almost every culture has some type of harvest celebration. In the United States it's Thanksgiving. In the 1600s when the Native Americans and pilgrims had a wonderful harvest, to celebrate their success, they sat down together and feasted for 3 days!

In the United States, many people still celebrate this holiday to give thanks for all that they have. Today, we are going to write an essay on what food we are grateful for. (Pass out Thankful brainstorming handout).

Review with the class the importance of organizing thoughts before writing an essay. Discuss the purpose of the introductory paragraph, the body, and the conclusion.

Thankful

What are you thankful for? Write an essay detailing at least three things and/or people you are thankful for. Remember to include an introductory paragraph, the body, and a concluding paragraph. Use this brainstorming worksheet to help organize your thoughts.

What are three things you are thankful for?

1.

2.

3.

Why are these things/people important?

1.

2.

3.

How do these people or things make you feel?

1.

2.

3.

Agradecido

¿De que estas agradecido? Escribe una composición detallando al menos tres cosas y/o personas del las que estas agradecido. Recuerda de incluir un párrafo de introducción, el cuerpo, y un párrafo final. Usa esta hoja de trabajo de generar ideas para organizar tus pensamientos.

¿Cuáles son las tres cosas por las que estas agradecido?

1.

2.

3.

¿Por qué son estas cosas/personas importantes?

1.

2.

3.

¿Cómo te hacen sentir estas personas o cosas?

1.

2.

3.