

<u>Overall</u>

- All of the kids enjoyed their activities, rating them as **FUN** on average
- 100% of the kids enjoyed tasting new foods at least most of the time



Behavior changes resulting from the program:

- 100% of the kids asked their parents to make the foods they tasted at Nurture
- 100% of the kids enjoyed tasting new foods at least most of the time



Some comments from the participants:

- "(I learned from Nurture that) you can make things that are healthy that taste good."
- "(My favorite thing about Nurture) was eat(ing) food(s) that you never tried before."

