

# IDAHO MOUNTAIN



**September 12, 2012**

## **School to hold 'Rainbow Day'**

The Community School in Sun Valley will hold "Rainbow Day" on Friday, Sept. 14, to help elementary school students make healthy food choices.

The event, sponsored by Chef's Move to School/American Culinary Federation and Nurture, a Chicago-based grassroots organization, is being held to help students learn to create colorful and healthy recipes using seasonal and local foods.

"We are excited to kick off our nutrition program with Rainbow Day," Elementary School Head Janet Salvoni stated in a press release. "The food and nutrition lessons from Nurture are excellent. The students love the hands-on activities and it is so important to start healthy eating habits at a young age."

For more information, contact Salvoni at (208) 622-3955, ext. 115.