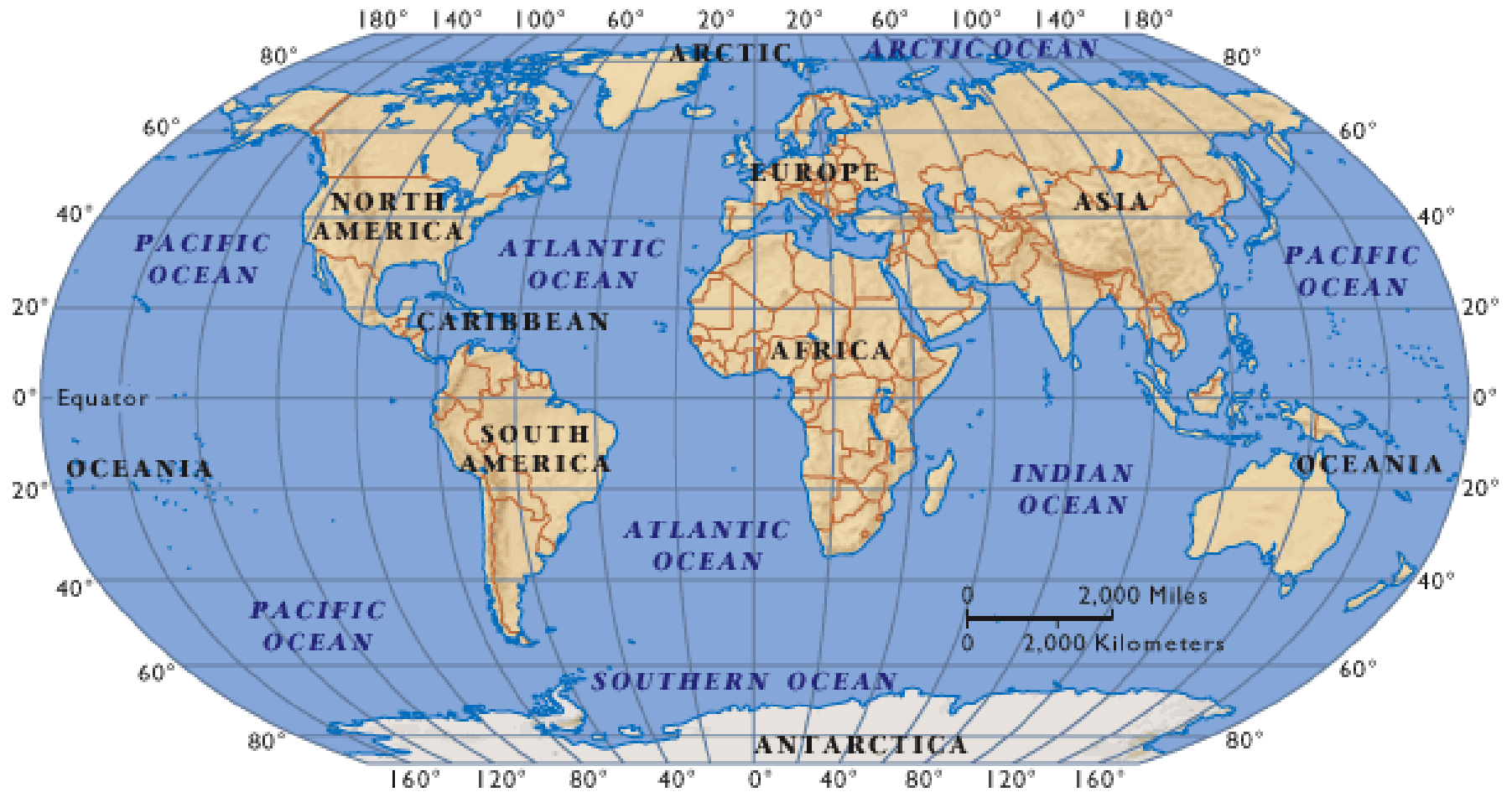


The World



How do these factors influence food choices?

- Geography
- Climate
- Finances
- Religion

What other factors may play a role?

Dinner Around the World:

<http://abcnews.go.com/WNT/video?id=5374546>

For each country think about

- What types of food are eaten?
- How do they eat?
- Where do they eat?
- Do they have any special dietary customs?

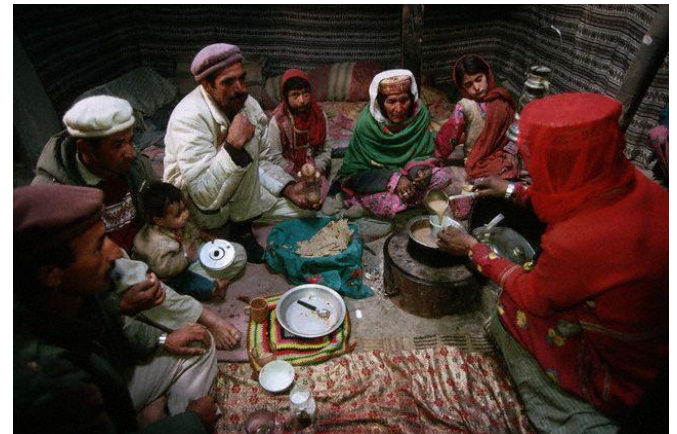
CHINA

- Rice is the staple at every meal
- Eat with chopsticks
- Must eat every grain of rice in your bowl
- Grow many of their own vegetables



PAKISTAN

- Road side markets
- Potatoes, meat, vegetables, onions
- High food prices
- Men typically do the grocery shopping and women cook
- Eat meals while sitting on the floor and only use their right hand



ISRAEL

- Purchase food from markets
- Traditional Friday dinner
- Religion plays a large role in dietary choices
- Eat vegetables, hummus, and chicken



KENYA

- Dinner is centered around the children
- Eat potato, corn, and mixed greens
- Prepare foods to educate children about their ancestors



SOUTH KOREA

- Eat most meals at restaurants
- Consume rice, soup, and fermented cabbage
- Eat with chopsticks
- Table manners and showing respect to elders is very important



FRANCE

- Eat eggs, cheese, meat, fish and plenty of fresh vegetables
- Spend a lot time at the dinner table (meals can last several hours)



USA

- What do we eat here in the US?
- How is your dinner similar to the meals we saw in the clip? How is it different?
- Why do you think it is important to know about other country's food culture?
- What types of ethnic cuisine would you like to try?