 **Family Program - Children**

**Program Evaluation Survey**

**To be completed by the Children’s coach during the last 5 minutes of each class.**

**Record number of children in class = \_\_\_\_\_\_\_\_**

**Which class was taught? \_\_\_ My Plate \_\_\_Go Slow \_\_\_ Beverages \_\_\_ Breakfast**

**Ask the children the following questions and record their answers.**

1. What was the most surprising thing you learned during class?
2. Did you like today’s recipes? Would you want to make them at home?

**Recipe 1:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Recipe 2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Number of children who liked it = \_\_\_\_ Number of children who liked it = \_\_\_\_**

**Number who want to make it at home = \_\_\_\_ Number who want to make it at home = \_\_\_\_**

**Record any useful or positive comments.**

1. What was your favorite part of the class?
2. **(Skip this question during the first class)**

Have you tried making any of the recipes at home?

**Number of children who tried the recipes at home = \_\_\_\_\_\_**

Which recipes have you made at home?

1. **(Ask this question only during last class.)**

Since the start of these classes, have you made any changes to the foods you are eating?

**Number children who made positive changes = \_\_\_\_\_**

How have you changed the way you are eating?

1. **(Ask this question only during the last class.)**

Since the start of these classes, have you changed your activity level?

**Number of children who more physically = \_\_\_\_\_**

How are you are being more physically active?