



Family Program - Children Program Evaluation Survey

To be completed by the Children's coach during the last 5 minutes of each class.

Record number of children in class = _____

Which class was taught? ___ My Plate ___ Go Slow ___ Beverages ___ Breakfast

Ask the children the following questions and record their answers.

1. What was the most surprising thing you learned during class?

2. Did you like today's recipes? Would you want to make them at home?

Recipe 1: _____

Recipe 2: _____

Number of children who liked it = _____

Number of children who liked it = _____

Number who want to make it at home = _____

Number who want to make it at home = _____

Record any useful or positive comments.

3. What was your favorite part of the class?

4. **(Skip this question during the first class)**

Have you tried making any of the recipes at home?

Number of children who tried the recipes at home = _____

Which recipes have you made at home?

5. **(Ask this question only during last class.)**

Since the start of these classes, have you made any changes to the foods you are eating?

Number children who made positive changes = _____

How have you changed the way you are eating?

6. **(Ask this question only during the last class.)**

Since the start of these classes, have you changed your activity level?

Number of children who more physically = _____

How are you are being more physically active?