

Program Description

In February of 2014 Nuture Idaho held a series of “Community and Partner training” events to spread the word about the multitude of resources available to conduct community wide nutrition education and wellness events. Organizations represented at the training included the Blaine County Recreation Department, Boys and Girls Clubs of the Magic Valley, Community School Early Childhood Center, the Flourish Foundation, Let’s Move Ketchum, South Central Public Health District, The Hunger Coalition, the YMCA of the Wood River Valley, and Zenergy Health Club. The training also included a large number of community individuals, from Chefs to moms to counselors interested in getting involved in the grassroots movement to support nutrition and wellness in the community.



Quantitative Feedback

- 100% of participants gave the workshop a positive rating (53% “Excellent”, 42% “Very Good” and 5% “Good”)
- 100% learned mostly or exactly what they came to hear: (61% felt that the amount and type of type of information provided was “exactly” in sync what they came to the session to learn. The remaining 39% felt that the information provided was “mostly” in sync with what they came to learn).

Qualitative Feedback





- “(My favorite thing about the session was) learning about the ample resources and also the different games where children can learn about nutrition”
- “Very focused on how to individualize for the specific group of students/families”
- “I’m blown away by how much organized information there is out there/on the website”
- “(The session) was WONDERFUL! Wowza!”
- “Highly organized and (led by a) motivated individual. I appreciate all that Nuture is doing! The quality and quantity of people that showed up speaks to that”
- “(My favorite thing about the session) was the curricula/lesson plan information and learning how to create an event”
- “(The Nuture Instructor) was very knowledgeable and credible—and fun”
- “I loved the enthusiasm and sense of positivity.”

Materials for games, crafts and activities



Let’s look at sections 6 and 7 of your training binder. Cool ideas:

*Sorting baskets	*Pens and markers
*Sticker paper	*Small notebooks
*Paper lunch bags	*Just plain craft paper!

 <p>Avery Sticker Project Paper, White, 8.5 x 11 Inches, Pack of 15 (03383) by Avery (Jan 21, 2009) \$10.99 (1 offer) Order in the next 8 hours and get it by Wednesday, Feb 5. More Buying Choices \$6.75 (new 21 offers)</p>	 <p>Decorative Craft Paper Product Features Acid-free and lignin-free glitters are safe to use with photos Office Products: See all 6,838 items</p>
 <p>24 NOTEBOOKS Product Features 24 Colorful Notebooks Office Products: See all 1,475 items</p>	 <p>2 Dozen Assorted Bright Plush Animal Print Spiral Bound Notebooks [Toy] by Fun Express \$10.99 (1 offer) Order in the next 8 hours and get it by Wednesday, Feb 5. More Buying Choices \$9.99 (new 21 offers)</p>

