

# No Bake Cookie Balls

## Ingredients:

- 2 cups graham crackers (no trans fats), processed in cuisinart to flour consistency
- 1/2 cup peanut butter (100% real)
- 4 Tbsp honey
- Mix - ins of your choice (raisins, dried fruit, nuts, unsweetened coconut, dark chocolate chips, cereal, etc.)

## Directions:

Mix together ingredients and roll into balls. Sprinkle with some powdered sugar for a more festive, snowy look. Enjoy!



**Pump it Up:** Turn on your favorite music and cut loose for 5 minutes.



**Food for Thought:** Honey is a great way to sweeten your dessert. It is 100% natural and not processed (unlike table sugar). It also is packed with flavor, so a little goes a long way!

Tasty Thoughts: \_\_\_\_\_  
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