

Nurture Idaho Community Training

Are you interested in offering nutrition and wellness education to the community? Join Nurture in a 2-session paid training program to help us support nutrition and wellness efforts at the grass-roots level in our valley.



You will gain access to Nurture's tested & proven curriculum and other resources and learn about ways to fund your efforts moving ahead. Become involved in Nurture's efforts as we transform our work from a direct-services providing organization to a Foundation supporting the work of others



How to "do Nurture" when teaching kids

Dates: February 20 and 27 (attendees must

attend both sessions)
Times: 9:30-11:30am

Location: YMCA Community Room

Taught by Nurture Founder Kathryn Guylay, attendees will learn about what it means to be a nutrition educator and what resources can be tapped into to help you be successful (specific to teaching kids). Attendees (limited to 30 sign ups) will receive a \$100 stipend upon completion of the training course evaluation and test. To RSVP please contact Kathryn at kg@nurtureyourfamily.org



